



WELLINGTON SECONDARY SCHOOL

3135 Mexicana Road Nanaimo, BC V9T 2W8

www.wellingtontschool.ca

Phone (250) 758-9191 Fax: (250) 758-3352

NOVEMBER 2016



PRINCIPAL

Mr. Chad Lintott

VICE PRINCIPALS

Mr. Scott Christianson

Mrs. Nicol Suhr

Important Dates

November 8 - Last day of Term 1/Semester 1

November 9 - First Day of Term 2/
Semester 1

November 10 - Remembrance Day
Assembly - 10:30am

November 11 - Non-instructional -
Remembrance Day

November 22 - Report Cards distributed

November 23 - Report Card conferences 3-
5:30pm

November 28 - Public Forum (NLPS)

Principal's Message

Wellington Community,

As we head into November, it is time to discuss student assessment, progress reports (and if you can believe) course selection and graduation programming for next year. Our report cards will be distributed on November 22nd, and while Grades 9-12 will see a similar format to last year, those in Grade 8 will receive a new progress report. Many of you have had the opportunity to discuss this with myself or with our teachers at our various Open House sessions or at the parent-teacher interviews in October. These changes are in response to the new Ministry of Education Reporting guidelines which I sent to you via email as a web link last month. I encourage you to communicate with your teachers or with me if you have additional questions.

I will be providing you with additional information regarding graduation requirements and new Grade 10-12 curriculum options. We, as a staff, are developing our courses and programming for next year and I will invite you to engage in the implementation process with us. Please stay tuned...<https://curriculum.gov.bc.ca/>

Sincerely,

Mr. Chad Lintott, Principal



What's Happening at Wellington...



ATHLETICS

Our volleyball season is about to wrap up this upcoming month. Our junior girls play in the Districts at Barsby on November 4th and 5th. The grade 8 girls District tournament is on November 11th and 12th at Wellington and Dover Bay. The grade 8 boys Districts is on November 7th at Wellington, and the Senior Boys travel to Gulf Islands on November 12th and 13th for their North Island Championships. The Senior Girls are in Campbell River on the 11th and 12th for their North Island

Championships as well. There will be a lot of volleyball to keep up with and we wish our teams the best luck in their play offs.

The Senior boys soccer team has a challenge game against Gulf Islands on October 26th and we hope that they are successful in their match and can bring home the win. If they win that game, then they will continue onto the North Island Championships at the beginning of November.—Ms. McRae

SENIOR BOYS AND GIRLS BASKETBALL BOTTLE DRIVE



The Senior boys and girls basketball teams will be having a bottle drive on November 19th at Wellington. Please start collecting your bottles and we can pick up, or you can drop off at the school on the 19th of November. We hope to make this a big fundraiser for our two teams, and need all the support we can get. Email Nicole McRae nmcrae@sd68.bc.ca if you'd like to arrange a pickup of your bottles! Go Kats!
-Ms. McRae

INTERNATIONAL



Our International students will be going on their Vancouver field trip on October 27th! The students will visit Stanley Park, Granville Island, Robson Street, and will Fly Over Canada. It will be a typical Vancouver rainy day, and the students will experience our British Columbia weather first hand. Upcoming in November will be the Victoria trip, exploring downtown and visiting the IMAX. —Ms. McRae

CAREER TECHNICAL CENTRE (CTC) NEWS

The Career "Transition" Centre offers courses and programs that allow students to transition from high-school-to-the-work-place or high-school-to-post-secondary. See our website for more details: www.ctc-careerpaths.ca.

Office Hours

Parents can learn about more about our programs, Tuesdays, 6-6:30 pm, NDSS, Meeting Room A. Individual, evening appointments are available, Tuesdays, 6:30 - 7:00 pm, 7:00-7:30 pm or 7:30-8:00 pm. To book an appointment, please call 250-740-2013 or 250-740-2032. A CTC Coordinator is available at all schools every second week. Students will find the CTC sign-up sheet in the counseling office.

Discovery Trades - Registration is Open

Discovery Trades is a 3-month, hands-on "Trades Sampler" offered at VIU. Students attend VIU, Feb-April, and rotate through five trades departments. Students will earn 12 credits (3 x grades 12 elective courses) and complete work-related certifications such as WHMIS, WCB First Aid Level 1, etc. To find out more about this program and take a VIU Tour students can contact Rob Gowan-Smith, rob.gowan-smith@sd68.bc.ca. To register, apply online, www.ctc-careerpaths.ca.

"Volunteer" Work Experience Opportunity

Graphic Design/Computer Drafting/Photo Editing

Students interested gaining industry related work experience in graphic design can contact Rob Gowan-Smith for more details. Rob Gowan-Smith, rob.gowan-smith@sd68.bc.ca, 250-816-0119.



BAND NEWS

Thank you to all the parents, students and community who came and supported our annual spaghetti dinner fundraiser. A great evening was had by all. Special thanks goes to the Cavallotti Lodge and all the parents who donated their time and worked before and during the event!

As the Winter season approaches, students will be busy performing in the community for many Christmas season events! A reminder to all that our annual Winter Concert will be held on Tuesday, December 20th at 7 PM in the gym. All band students will be performing and everyone is welcome - Ms. Luvisotto

WILDCAT BREAKFAST PROGRAM

Our school breakfast program started October 25th and runs Monday to Friday from 8:00-8:20am in the multi-purpose room. - William Watt



WEIGHT ROOM

The weight room at Wellington is fully equipped with cardio equipment and weight machines. It is open 5 days a week after school with teacher supervision.

Mondays: Opens at 3:00pm after early dismissal for anyone interested

Tuesdays & Thursdays: Girls only

Wednesdays* and Fridays: Everyone welcome *except the third Wednesday of every month for staff meetings. - Mrs. Meier & Mr. Surette



PAC NEWS

A quick thank you to parents who attended the October PAC meeting. Please join us on November 14th.

We will be addressing our funding and would love parents to join us.

HUMAN LIBRARY EVENT

A Human Library event will be held at Wellington Secondary in the Library Learning Commons Thursday, November 17 8:30 am to 3:00 pm during all four classes. Some students will be attending with their classes and some individually by permission slip.



DON'T JUDGE A BOOK BY ITS COVER

The Human Library™ is an equalities project, created by the Danish youth organisation “Stop the Violence” in 2000 and it is now operational in more than 60 countries. It was developed to challenge societal prejudices wherever and for whatever reasons they occur, and to promote respect for difference and diversity in our communities. The Human Library is where real people are on loan to readers - a place where difficult questions are expected, appreciated and answered and where readers are encouraged to learn about ideas, cultures, life-styles, and other life experiences through conversation.

At Wellington Secondary, students or teachers will sign up to attend the Human Library event, choose a “title” table to sit at and enter a discussion with that “book”. Each table will have a maximum of 3 students per “book” and after 20 minutes they will be rotated to a new table and a new discussion. Our titles so far include: Female police officer, soup kitchen worker, empowerment coach, gay man, Baha’i faith, Sikh religion, ex-homeless person, Senior citizen, Metis Struggles, How did I get to be a Physician?, Gardening and Sustainability Tips, Parole Officer: How to get out of Jail, Chinese culture, Turkish culture, Palestinian culture, Indonesian culture, Nanaimo Community Living, and Islamic VIU student.

Liz Sansoucy-Jones has successfully organized this event twice in SD68 (2013, 2015). Students in the past have found this event to be a moving and memorable experience...one that surprises some of them. Anyone interested in participating, please contact Liz Sansoucy-Jones, Teacher-Librarian at Wellington Secondary 250-758-9191 esansoucy-jones@sd68.bc.ca - Ms. Sansoucy-Jones

INFORMATION FOR GRADUATING STUDENTS

Prom - June 17th
Dry Grad - June 23rd
Grad Rehearsal - June 26th at 12:30 p.m.
Grad Ceremony - June 28th at 10:00 a.m. (Port Theatre)
Grad photos - December 19th-22nd & January 9th-12th



More details about some of these events will be sent out closer to the date.



MOVEMBER GAMES

Student Council will be hosting a Movember basketball game between our Senior Boys Basketball Team and the local firefighters. This will take place on Thursday, November 17 in A block. Classes will be invited to sign up to watch and students are encouraged to help with the fundraising. Donations will be accepted at the door and student council has a variety of fundraising activities planned to help support the Firefighters' Burn Fund. Throw on your 'stache and come join the fun!



**PARENT INFORMATION SESSION
PARENTS HELPING CHILDREN: MANAGING ANXIETY,
STRESS AND MAINTAINING MENTAL WELLNESS**

Jerry Boychuk M.Ed. , Mental Health Clinician
Nellie McLean BSW, M.A. Candidate

NOVEMBER 17, 2016

6:00 P.M. – 7:30 P.M.

WELLINGTON SECONDARY SCHOOL

3135 MEXICANA ROAD, NANAIMO.

PROVIDED TO PARENTS AND CAREGIVERS OF CHILDREN/YOUTH WHO MAY BE STRUGGLING WITH MANAGING ANXIETY, STRESS, MOOD, AND MAINTAINING MENTAL WELLNESS.

CHILDREN STRUGGLING WITH MENTAL HEALTH ISSUES ACHIEVE BETTER OUTCOMES WHEN THEIR CAREGIVERS ARE INFORMED AND INVOLVED IN THEIR TREATMENT.

FOR MORE INFORMATION CONTACT: SHANNON MCRAE @ 250-758-9191

LEARN, LAUGH, LIVE!

LIFT

LIVING IN FAMILIES WITH TEENS



At LIFT we focus on providing you with a safe, confidential, culturally sensitive, strength-based counselling experience.

Through family, couple and individual counselling, we will help you:

- Explore family relationships
- Recognize strengths
- Understand teen behaviours
- Build confidence in your parenting
- Strategize ways of managing conflict and reduce tension in your family relationships and,
- Build family connections

- Open Referral for families with youth 12-18
- Free Service Funded by MCFD

- 3 Month Program
- CARF Accredited
- Daytime and Evening Appointments

- Service to Families in Lantzville, Nanaimo and Ladysmith Area



**NARSF
PROGRAMS LTD.**
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