



# WELLINGTON SECONDARY SCHOOL

3135 Mexicana Road Nanaimo, BC V9T 2W8

[www.wellingtonschool.ca](http://www.wellingtonschool.ca)

Phone (250) 758-9191 Fax: (250) 758-3352

## FEBRUARY /MARCH 2017



### Principal's Message

#### Greetings Wellington Community,

We are now well into second semester and already planning for the 2017-18 school year. Students have completed course selection and now the process of timetable building occurs. As I have mentioned a number of times, we will be implementing a number of new courses and adapting others in response to the provincial announcement regarding new curriculum for grades 10-12, following the recent changes to grades 8 and 9. Again, you can find information at the Ministry of Education website :

<https://curriculum.gov.bc.ca/>

I want to congratulate our fall and winter Wildcat teams for their successes this season and thank our many staff and community coaches for their time, passion and energy. Our senior boys basketball team will be travelling to the BC High School Championships this week, after finishing second in the Vancouver Island Championships. We wish them luck!

Congratulations also to our very successful and perennial award-winning Jazz group who once again brought home multiple awards from the Lionel Hampton Jazz festival in Idaho. Well done!!

Sincerely,

Mr. Chad Lintott, Principal

#### PRINCIPAL

Mr. Chad Lintott

#### VICE PRINCIPALS

Mr. Scott Christianson

Mrs. Nicol Suhr

#### Thursday, February 9

Report Card distribution at 2:55pm

#### Friday, February 10

Grad Photo retakes

#### Friday, February 17

Surrey Envisions Jazz Festival

#### February 20 & February 21

Non-instructional days

#### February 22-26

Lionel Hampton Jazz Festival

#### Tuesday, February 28

Yes 2 Know Conference for Grade 8's

#### Friday, March 17

Last Friday before Spring Vacation

#### Monday, April 3

School re-opens after Spring Vacation



# What's Happening at Wellington...

## ATHLETICS

As another basketball season comes to an end we would like to take the time to celebrate our successes and thank our coaches.



We will start at grade 8, with the **grade 8 girls** basketball team who are DISTRICT CHAMPIONS. We would like to congratulate our grade 8 girls for their great season and their first place finish in our District. This is a great accomplishment and was made possible by the countless hours our coaches (Mr. Harvey and Mr. Tarwitz) and the athletes put in this season. Great job girls!

The **grade 8 boys** also played well at their District championships this past weekend, and the boys had some tough wins, and played very well this season. The team got better each game, and we would like to thank Mr. Robertson for his commitment to the grade 8 boys.

The **grade 9 boys** team played at their Island Championships last weekend up in Lake Trail. The boys played a tough season against some strong junior teams, and persevered to qualify for the Islands. Thanks to community coach Colin Murphy for his dedication to this group of grade 9 boys, and the team for their commitment to the challenging season.

The **junior boys** basketball team had an unfortunate end to their season with snow cancelling the District Championships. The boys finished 5<sup>th</sup> in league standings which held them back from moving forward to North Islands. The team learned a lot from Mr. Lennox and alumni Nathan Brown as coaches. The team will look forward to playing next year and will work on their game in the spring.

The **junior girls** basketball team had a great season, and qualified for the Island Championships. The team played very well and worked hard to earn a 5<sup>th</sup> place finish at the Islands. This is a great accomplishment, playing much bigger schools and working together to achieve goals. Thanks to Mr. Elwood for his time spent working with this team. Great season girls!

The **senior boys** placed 2<sup>nd</sup> at the North Island championships last weekend, and will head to Islands this weekend at Vic High. Good luck to the team, and coaches Mr. Giske and alumni Luke Letham.

The **senior girls** played in the challenge game against Brentwood, and won, to capture the last spot for the Island Championships last week, and the girls played well at Islands. The girls gave the #1 team from the south a great first game, only losing by 10 points. A great season with many graduating players this year from the senior girls team. Thanks to alumni parent Dave Brown for helping me, Ms. McRae, out with the team this year.



## INTERNATIONAL

We welcomed 24 new international students second semester from Columbia, Germany, Brazil, Mexico, Italy and Spain. We hope that you enjoyed the snow, and will enjoy the spring weather even more! Last week some of the international students went skating and played a friendly ice hockey game against Dover Bay's international students. It was a great morning followed up with hot chocolate and Timbits for all. Coming up next for field trips is surfing in Tofino, and the Rocky Mountains trip.

# SKILLS FOR LIFE

We know it's late, but the Skills for Life class just received their beautiful colour published Christmas Cards from the Elite Publishing. Ms. Hartig will display them at the staff meeting. Anyone who would like to buy a set, or several, will need to pay \$10/set and the money will go towards a trip Ms. Hartig taking the student's on to Victoria in June. The \$10 is for 6 cards illustrated by different Wellington SFL students. If you'd like to look sooner, they are in Ms. Hartig's classroom to view and purchase as well.



## A NEW WAY TO REGISTER FOR SCHOOL

A new convenient and streamlined process to register your child in Nanaimo Ladysmith Public Schools will begin on January 11, 2017.

The following information will help determine if this process will apply to you. If your answer is yes to any of the following questions, you will register through the new online registration process:

- o Is my child new to Nanaimo Ladysmith Public Schools?
- o Do I have a child that will be turning five years old on or before December 31, 2017?
- o Do I want to register my child in French Immersion?
- o Do I want to register my child in Late French Immersion?
- o Do I want to register my child at Departure Bay Eco-School?
- o Do I want to register my child in secondary academies? (Hockey, Soccer, Beach Volleyball, Lacrosse, Baseball, Performing Arts or Jazz)
- o Do I want to apply for a school transfer request (out-of-catchment)?

Before you begin, you will need the following:

- 1) A valid email address
- 2) Photo or scan showing proof of citizenship (ie. Birth certificate)
- 3) Photo or scan showing proof of Canadian residency (ie. Mortgage or bank statement, utility bill, driver's license, etc.)

Online registration will begin on **Wednesday, January 11, 2017 at 8 a.m.** Pacific Standard Time.

Early and Late French Immersion, and Departure Bay Eco-school students will have until **January 31, 2017** to register online. Student selection will once again be determined by lottery, with parents being notified by **Friday, February 3, 2016**.

New Academy, Out-of-Catchment and Out of District student registrations will be prioritized by date and time submitted online. Deadline is **March 31, 2017**.

For more information please visit the district [website](#) or by emailing [ereg@sd68.bc.ca](mailto:ereg@sd68.bc.ca).



## STOP WORRYING ABOUT STRESS AND ANXIETY - FOR TEENS ! AT THE NANAIMO AQUATIC CENTRE

This fun group program teaches cognitive behavioural therapy (CBT) and other stress coping strategies. It uses media to teach key concepts. Drop-in after school and check it out. Please pre-register.

**Wednesdays, April 5-26—3:30-4:30pm FREE! @ the Nanaimo Aquatic Centre**



# STUDY BUDDIES

**If you need help with your  
homework, come to C121 after  
school for some FREE tutoring!**

**BEGINS: December 5<sup>th</sup>  
Monday: 2:10-3:10  
Tuesday-Thursday  
3:00-4:00 PM**

# C121



# YOUTH HEALTH CLINIC

The Nurse is available at Wellington on the following Wednesdays from 9:30-12:00pm:

March 8th, March 22nd, April 12, April 26th, May 17th, May 31st, June 7th, June 14th

Please book an appointment through the counselling office or drop in to the nurse office in the counselling area on dates above

For more information, please call: 250-755-3345

Confidential services including education, counselling, resources and referrals for: birth control, condoms, emergency contraception (Plan B), STI testing and treatment, pregnancy testing and referrals, sexual decision making and relationships, healthy lifestyle.



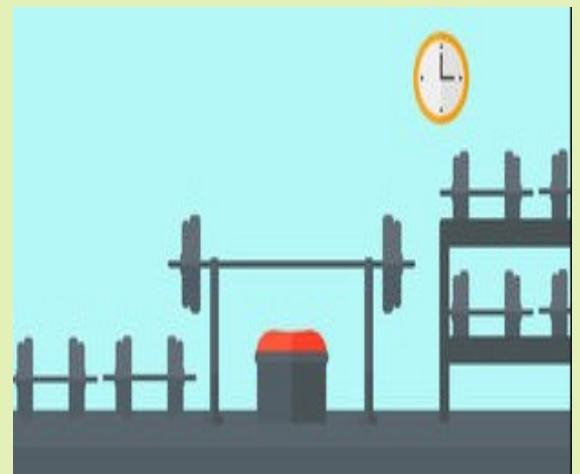
# WEIGHT ROOM

The weight room at Wellington is fully equipped with cardio equipment and weight machines. It is open 5 days a week after school with teacher supervision.

**Mondays:** Opens at 3:00pm after early dismissal for anyone interested

Tuesdays & Thursdays: Girls only

Wednesdays\* and Fridays: Everyone welcome \*except the third Wednesday of every month for staff meetings.



# NANAIMO DRY GRAD



## Nanaimo Dry Grad

Next meeting: Thursday, January 19<sup>th</sup> 7 PM

Wellington School Library

All welcome!

NDG tickets are \$60 (after March 1<sup>st</sup> 2017 \$65)

# COMMENCEMENT CEREMONIES

Monday, June 26th

Rehearsal 12:00pm Band sound check

12:30pm Rehearsal for all students

Wednesday, June 28th

10:00am Commencement ceremony



## Tips for reporting an incident

If you feel your child is being bullied, report the situation to the school. In Nanaimo Ladysmith Public Schools, schools are working with RCMP and youth-serving agencies to address bullying.

- Talk to the teacher about the problem if it occurs in a specific class (i.e. gym class).
- Talk to the teacher or principal if the problem is happening in the hallways, on the playground, at the bus stop, or if the problem persists in the classroom.
- Please remember you always have the right to take a support person with you into any meetings, for taking notes, helping you speak or just to listen and offer moral support. This can be your spouse, friend or, upon availability, the DPAC President if you need that support [dpcsd68@gmail.com](mailto:dpcsd68@gmail.com).
- If a resolution is not found, contact the assistant superintendent for your school. If a resolution is still not found, then contact the superintendent.

If you're not satisfied with the district's response, you can make an appeal to the Board of Education. The step-by-step appeal process can be found at [www.sd68.bc.ca](http://www.sd68.bc.ca) under Resources for Parents / Problem solving; you can call 250 356-1404 or email [EDUC.studentappeals@gov.bc.ca](mailto:EDUC.studentappeals@gov.bc.ca).

## Community partners

CUPE Local 606 - RCMP - BCCPAC - VIHA - Nanaimo Crisis Society

## Be informed

DPAC-SD68 is a resource and guidance support system for parents advocating for their children throughout the district. They can be reached at [dpcsd68@gmail.com](mailto:dpcsd68@gmail.com) or on Facebook.

Know the policies, procedures and processes in your child's school and find out what is best for your child's circumstance. Ask for the Code of Conduct from your child's school.

Procedure No. 3027P - Student Harassment, Intimidation and Bullying can be found under BOARD / Policies on the district's website [www.sd68.bc.ca](http://www.sd68.bc.ca).

## Guiding questions for a meeting

How can we work together to find a solution?

What steps need to be taken to investigate the incident?

What type of disciplinary action would be considered appropriate?

What can I expect in terms of follow-up and resolution?

Parents should inform the teacher and/or principal if the situation has changed. As a parent, you can expect action and support from your school.

Ask to be kept advised on progress and action, and stay involved in conversations about support for your child.



Brought to you by the District Parent Advisory Council (DPAC-SD68)

# ERASE Bullying

## Bullying A Resource for Parents



DPAC-SD68 President  
[dpcsd68@gmail.com](mailto:dpcsd68@gmail.com)

[erasebullying.ca](http://erasebullying.ca) [saferschoolstogether.com](http://saferschoolstogether.com)

Expect Respect and a Safe Education

## Working together

Nanaimo Ladysmith Public Schools has come together with DPAC-SD68 to bring parents this vital information as a resource.

School staff are well positioned to play a significant leadership role in enhancing the physical, emotional, and psychological safety of children. However, schools cannot do it alone.

The combined effort of students, parents and community members working together with educators to create a school-wide plan is required to develop a school community where students and staff feel respected and parents and community members are welcomed.

## Listening to your child

If you need to report any issue regarding the safety of your child, please take the following steps:

- Let your child do the talking. Listen and take notes. They may only try to tell you once!
- Use open-ended questions. For example - "What did you like the most/least about your day?"
- Paraphrase what you heard them say. It will help them feel understood and connected to you.
- Model empathy so your child knows it is alright to feel the way they do.
- Encourage your child to report what happened to the appropriate person.

## What is bullying

For a situation to be considered a bullying incident, three indicators are usually present:

**Power** – children who bully acquire their power through physical size and strength, by status within the peer group, and by recruiting support of the group.

**Frequency** – bullying is not a random act. It is this factor that brings about the anticipatory terror in the mind of the child being bullied that can be so detrimental and have the most debilitating long-term effects.

**Intent to harm** – children who bully generally do so with the intent to either physically or emotionally harm the other child.

## Bullying, Conflict or Mean Behaviour

Not all incidents of conflict are the result of bullying. Conflict between peers is a natural part of growing up.

**Peer-to-peer conflict** – peers have equal power, are equally upset, both are interested in the outcome

**Mean behaviour** – it is not planned, happens spontaneously, could be aimed at any child nearby, the child may feel badly afterwards

**Bullying** – power imbalance, intention to harm the other person, repeated pattern

## Impact of bullying

While the majority of elementary school children are not involved in bullying, children who bully cause a great deal of suffering to the children they bully, and the effects of this harassment can last well into adulthood.

This behaviour also affects the physical, social and psychological safety of children at school and can create a climate of fear that becomes an obstacle to learning.

Incidents of bullying are frequent occurrences for many children at school and in the community. Children struggle with name-calling, with being picked on, and with exclusion from their peer group.

Frequently, children who are bullied do not know how to respond to this aggressive behaviour.

Bullied children may fear coming to school, and they may believe school to be an unsafe and distressing place.

Bullying in schools is a serious problem for a critical minority of children. It has a detrimental impact on the overall school climate and, particularly, on the right of students to learn in a safe environment.

**Bullying is not just "kids being kids." Bullying behaviour is intentional and repeated.**



March 2017

## Communicating Student Learning 8-9

Effective Communication  
is Central to Student Success  
for 21<sup>st</sup> Century Learning.



### 1. Ongoing Communications of Student Learning

Parents of students in grades 8 and 9 can expect timely Ongoing Communications of Student Learning throughout the year, which will meet the following 4 criteria.

These Communications include, but are not limited to: work samples, Celebrations of Success or Electronic Communications/Portfolios.



### 2. Written Progress Reports:

In grades 8 and 9, parents will receive a Written Progress Report once per curricular area, and a Written Summative Report at the end of the course. These reports will occur at different times for yearlong and semester courses.

The following *draft Competency Scale* will be used to describe your child's progress in relation to grade level expectations in this year of exploration:

Beginning to acquire knowledge, skills, strategies and processes.	Developing the ability to apply knowledge, skills, strategies and processes.	Applying knowledge, skills, strategies and processes consistently.	Extending knowledge, skills, strategies and processes creatively and strategically.
<ul style="list-style-type: none"> <li>Student is beginning to understand at grade-level expectations</li> <li>Shows evidence that learner can demonstrate some progress towards the learning standards</li> </ul>	<ul style="list-style-type: none"> <li>Student is developing understanding at grade-level expectations</li> <li>Shows evidence that learner can understand the learning standards in basic or familiar situations</li> </ul>	<ul style="list-style-type: none"> <li>Student is applying understanding at grade-level expectations</li> <li>Shows evidence that learner can transfer understanding of the learning standards to both predictable and new situations</li> </ul>	<ul style="list-style-type: none"> <li>Student is extending understanding at grade level expectations</li> <li>Shows evidence that learner can insightfully and creatively apply an in-depth understanding of the learning standards in complex situations</li> </ul>

## Reporting is Changing in Nanaimo Ladysmith Public Schools (NLPS)

### Why Change?

The province of B.C. is currently implementing a redesigned curriculum and reporting procedure intended to provide opportunities for students to acquire the skills necessary for success in this ever changing 21<sup>st</sup> century.

For more information, please visit: [curriculum.gov.bc.ca](http://curriculum.gov.bc.ca)

### What Changes will be seen in NLPS?

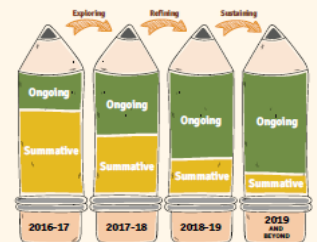
We are moving from a model of Reporting **TO** Parents, to Communicating **WITH** Parents on an ongoing basis. This involves how we assess, and how we communicate student learning to parents and to students.

In NLPS, we are changing our approach to help our learners connect with and acquire the skills they need to succeed.

### Communicating Student Learning in NLPS – What will it look like?

**Ongoing** - is communication about student learning.

**Summative** - is a written report about student achievement.



Timeline of Changes

### Resources:

#### Websites

**Nanaimo Ladysmith Public Schools**  
"Reporting: Communicating Student Learning"  
[sd68.bc.ca](http://sd68.bc.ca)

**BC Ministry of Education**  
"Assessment & Reporting"  
[curriculum.gov.bc.ca](http://curriculum.gov.bc.ca)

**Ministry of Education Reporting Order**  
[goo.gl/DWC219](http://goo.gl/DWC219)

#### Research

**Why Some Schools are Giving Letter Grades a Fail**  
[goo.gl/FVScyT](http://goo.gl/FVScyT)

**Visible Learning - John Hattie**  
[goo.gl/oy8ALh](http://goo.gl/oy8ALh)

**The Case Against Grades - Alfie Kohn**  
[goo.gl/B9Aboe](http://goo.gl/B9Aboe)

**Ministry of Education: References Relevant to BC's Curriculum and Assessment Transformation**  
[goo.gl/j1njvh](http://goo.gl/j1njvh)

#### Feedback

**NLPS Parent Feedback Opportunity**  
[goo.gl/ans1Uj](http://goo.gl/ans1Uj)

Survey opens: Friday, March 3rd, 2017  
Survey closes: Monday, April 3rd, 2017